

Empowerhouse Board of Directors

- Lori Canova, President
- Cathy Davis, Immediate Past President
- Tracy Mallory, Treasurer
- Laura Thessin, Co-Secretary
- Patricia Jackson, Co-Secretary
- Teresa Davis
- Paul Eakin
- Chrishelle Eugene
- Denny Fallon
- Byron Glaser
- Kathy Harrigan
- Melanie Rice
- Chris Rooney
- Sharon Schmidt



Current Board Members
2018 – 2019

Officers	
<p>President Meghan O’Connor, <i>2012 - present</i> 1431 Franklin Street Fredericksburg, VA 22401 (540) 372-9661 meghanoconnor@hotmail.com Assistant Principal Spotsylvania Career & Technical Center</p>	<p>Vice President Mike King, <i>2006-present</i> 5713 W Kesslers Crossing Fredericksburg VA 22407 (540) 786-4000 Mike6509@aol.com Owner Travel Leaders Fredericksburg</p>
<p>Treasurer Philip Brown, <i>2014-present</i> 22 Scotland Circle Stafford, VA 22554 (540) 760-8938 philip.brown@mwhc.com Director of Strategic Planning Mary Washington Healthcare</p>	<p>Secretary <i>Vacant - Operations Coordinator fulfills this position’s functional role</i></p>
Members	
<p>Dennis D. Parsons, Ed.D., <i>2009-present</i> 8304 Canteen Circle Fredericksburg, VA 22407 (540) 842-1409 ddparsons@aol.com Director of Career and Technical Education Spotsylvania County Schools</p>	

Commission Members

The George Washington Regional Commission members are appointed by the respective governing bodies. Each county and city governing body appoints two elected officials to sit on the GWRC Board. The Commissioners serve a term that is coincident with their elected term of office.

Members

Caroline County

- **The Honorable Jeffrey S. Black, Treasurer**
Board of Supervisors, Western Caroline District
- **The Honorable Nancy Long**
Board of Supervisors, Port Royal District

City of Fredericksburg

- **The Honorable Matthew J. Kelly, Secretary**
City Council, At-Large
- **The Honorable William C. Withers**
City Council, Vice Mayor, Ward 2
- **Alternate TBA**

King George County

- **The Honorable Ruby Brabo, Second Vice Chairman**
Board of Supervisors, At-Large
- **The Honorable John Jenkins, Jr.**
Board of Supervisors, Dahlgren District

Spotsylvania County

- **The Honorable David Ross**
Board of Supervisors, Courtland District
- **The Honorable Timothy J. McLaughlin**
Board of Supervisors, Chancellor District
- **The Honorable Chris Yakabouski (Alternate)**
Board of Supervisors, Battlefield District
- **The Honorable Paul Trampe (Alternate)**
Board of Supervisors, Salem District

Stafford County

- **The Honorable Meg Bohmke, Chairman**
Board of Supervisors, Falmouth District
- **The Honorable Tom Coen**
Board of Supervisors, George Washington District
- **The Honorable Mark Dudenhefer (Alternate)**
Board of Supervisors, Garrisonville District
- **The Honorable Wendy Maurer (Alternate)**
Board of Supervisors, Rock Hill District



**LOISANN'S HOPE HOUSE
2018-2019 BOARD OF DIRECTORS**

Anna Billingsley, Immediate Past Chair

University of Mary Washington
Associate Vice President for University Relations
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Adam Fried, Chair

Atlantic Builders
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Ben Keddie

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Walt Kiwall

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Cassie Payne

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**LOISANN'S HOPE HOUSE
2018-2019 BOARD OF DIRECTORS**

Melissa Quarles, Finance Chair

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Beth Sinkler, Secretary

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Jeff Small

Rio Carwash, Owner
City of Fredericksburg Circuit Court Clerk
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Thomas Tomzak, M.D.

Rappahannock Area Health District
1218 Sophia Street
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ttomzak@cox.net

Micah Ecumenical Ministries, Inc.

Board Contact List-2018

Affiliation	Name	Phone	Term	Occup.	Committee	E-Mail
St. Mary Roman Catholic	Rick Caporali Treasurer	373-6401	2019	St. Bernadette <i>Finance Director</i>	Finance-Chair	rcaporali@stmaryfred.org
FUMC	Josh Hagstrom	540-373-9021	Annual	Clergy	Personnel	pastorjosh@fumcva.org
St. George's Episcopal	Mary Jane O'Neill	540-842-0806 540-899-6543	2018	Property Manager	Community Relations, Personnel-Chair	mjpon@aol.com
Fredericksburg Baptist	Fred Rankin	741-1414	2019	Retired MWH, <i>CEO</i>	Chair (ex-officio on all)	fred.rankin@cox.net
Trinity Episcopal	Anne Jones-Martin	540-373-5087	Annual	Clergy	Community Relations	anne@christ-lutheran-church.org
Christ Lutheran	Lew Doggett	540-371-7793 703-628-3010	2020	Counselor	Governance	lewislew3388@netzero.net
The Presbyterian Church	Jan Erkert	412-5360 273-7474	2019	Spangler Erkert + <i>Public Relations Counselor</i>	Community Relations-Chair	JanErkert@SpanglerErkert.com
Fredericksburg UMC	Judy Steadman	540-479-7767	2018	Volunteer	Governance	Steadmanpartyof5@comcast.net
St. Mary's Roman Catholic	Dick Delio		Annual	Clergy	Finance	ddelio@yahoo.com
Trinity Episcopal	Tom Williams Secretary	373-3172	2020	Franklin Williams & Cowan <i>Attorney</i>	Governance-Chair	twilliams.fwc@vacoxmail.com
Shiloh (old site)	Ritta Armstead	540-710-2504 540-220-0550	2020	Information Technology, MWH	Community Relations	rmahiu89@verizon.net
Shiloh (new site)	Audry Prestonsoto	703-577-3652 540-737-4327	2018	Professor	Personnel	prestonsotoa@yahoo.com
Executive Servant-Leader	Meghann Cotter	479-4116 x13				meghanncotter@yahoo.com

Thurman Brisben Executive Board of Directors

President

Eric Watkins
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Vice President

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Secretary

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Treasurer

Jeanette Woodcock, CPA
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Permanent Member

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