

**2019 FRCoC Application for VHSP Funding
Outreach; Emergency Shelter Operations; Rapid Re-Housing; Targeted
Prevention**

Please complete a separate application form for each outreach, emergency shelter operations, rapid re-housing, and targeted prevention project.

Application Information

Type of Project (select one):

- Outreach
- Emergency Shelter Operations
- Rapid Re-Housing
- Targeted Prevention

Type of Application (select one):

- Renewal (requesting level or reduced funding for existing project)
- Renewal with Expansion (requesting increased funding for existing project)

Applicant

Legal Name:

Type of Applicant: Non-Profit Housing Authority PDC Unit of Local Government

EIN/TIN: 52-1142547

Address: P.O. Box 1007 Fredericksburg, VA 22402 (150 Olde Greenwich Dr., suite 101, Fred, VA 22408)

Application Contact

Name: Kathy Anderson

Title: Executive Director

Phone: 540-373-9372

Email: kathya@empowerhouseva.org

Line-Item Budget

Please complete line-item budget below. Budget amounts should reflect the VHSP request only.

Note: Renewal projects can apply for renewal HMIS and Administration amounts up to the grantee's total FY19 HMIS and Administration amounts regardless of 5% and 3% caps. HMIS and Administration amounts across all FY20 project applications shall not exceed total FY19 HMIS and Administration amounts.

Expansion projects can apply for an HMIS expansion up to the amount where the combined renewal/expansion HMIS request is 5% of the combined renewal/expansion project subtotal and an Administration expansion up to the amount where the combined renewal/expansion Administration request is 3% of the combined renewal/expansion project subtotal.

	Renewal Amount	Expansion Amount
--	-----------------------	-------------------------

Outreach		
Case Management		
Limited Support Services		
Other (specify)		
Subtotal		
HMIS (up to 5% of subtotal)		
Computer Costs		
Fees and Licenses		
HMIS Staffing		
Training		
Other (specify)		
Administration (up to 3% of subtotal)		
Administration		
Total		

	Renewal Amount	Expansion Amount
Emergency Shelter Operations		
Case Management	\$36,192	
Limited Support Services		
Maintenance	\$2,000	
Rent		
Security		
Supplies	\$1,000	
Utilities	\$4,884	
Other (specify)		
Subtotal	\$44,076	
HMIS (up to 5% of subtotal)		
Computer Costs		
Fees and Licenses		
HMIS Staffing		
Training		
Other (specify)		
Administration (up to 3% of subtotal)		
Administration		
Total	\$44,076	

	Renewal Amount	Expansion Amount
Rapid Re-Housing		
Housing Search & Placement		
Housing Stabilization Case Management		
Housing Stabilization Financial Assistance		
Housing Stabilization Services		
Rent Arrears		
Rent Assistance		

Service Location Costs		
Veteran Housing Stabilization Financial Assistance		
Veteran Rent Arrears		
Veteran Rent Assistance		
Subtotal		
HMIS (up to 5% of subtotal)		
Computer Costs		
Fees and Licenses		
HMIS Staffing		
Training		
Other (specify)		
Administration (up to 3% of subtotal)		
Administration		
Total		

	Renewal Amount	Expansion Amount
Targeted Prevention		
Housing Search & Placement		
Housing Stabilization Case Management		
Housing Stabilization Financial Assistance		
Housing Stabilization Services		
Rent Arrears		
Rent Assistance		
Service Location Costs		
Subtotal		
HMIS (up to 5% of subtotal)		
Computer Costs		
Fees and Licenses		
HMIS Staffing		
Training		
Other (specify)		
Administration (up to 3% of subtotal)		
Administration		
Total		

Match

Please indicate sources of match. Match must equal 25% of requested amount and must be spent on eligible VHSP expenses, but does not need to be of the same VHSP Category as the request. Match must be from local or private sources. If the project is requesting partial or full waiver of the match requirement, please explain. (See Page 14 of the Virginia Homeless and Special Needs Housing Funding Guidelines for full explanation of the match requirement.)

Type	Source	VHSP Category	Amount
Choose an item.	Rappahannock United Way	Choose an item.	\$11,019
Choose an item.		Choose an item.	
Choose an item.		Choose an item.	

Narrative Responses

Provide a description that addresses the entire scope of the proposed project. (Character Limit: 3,000)

Empowerhouse’s Shelter provides a safe place for individuals fleeing domestic abuse to reside short term. Domestic violence victims may be referred to Empowerhouse through the FRCoC Coordinated Entry or reach out for services directly to the Empowerhouse 24 hour hotline. As the only domestic violence (DV) shelter serving PD16, victims enter a welcoming and trauma informed facility (10,000 sq. ft.) specifically designed for their safety and well-being. A survivor and her children (318 last year) start in our crisis DV shelter which includes a bedroom or multiple in a suite with one or two bathrooms depending on family size. The immediate physical and emotional crisis needs are met through safety, secured entrances, shelter, food, children's school stabilization (.75 FTE Children’s services), risk assessment, and safety planning including legal remedies. Legal Aid Works staffs office hours twice per month at the shelter. There is a pantry, multiple kitchens in a large dining area, suite kitchenettes with multiple food storage areas, locking physical and storage spaces, and a co-located playroom, laundry, and computer job help center. There is a secured playground (5,000 sq. ft.) with privacy walls. Children usually exceed the adults by number in the DV shelter and last year numbered 155, almost half of the shelter population. Staff provide services throughout the building, in offices, and the victim services center. Residents are also within walking distance proximity to public transportation, groceries, and pharmacy.

Victims often enter shelter with feelings of hopelessness and little self-worth. Staff trained on the dynamics of DV and trauma informed care work with clients to help them realize they deserve a life of dignity and respect, with safety and hope. Clients begin to open up; and staff (.6 FTE VHSP funded case management) help them develop safety plans and identify housing goals that they can work on while in shelter.

Once a housing plan and other goals are established, personal strengths are assessed and needed supportive services or assistance is discussed. Shelter staff (1.4 FTE remaining day shelter staff) provide referrals to community resources and advocacy with those referrals as appropriate. This may include connection to resources for benefits (e.g., TANF, Childcare Support, WIC, and SSDI), documentation/IDs, health and mental health services, substance abuse services, legal services, and school systems. Residents utilize generously donated items from the community (e.g., paper goods, clothing, personal hygiene supplies, diapers, food). Empowerhouse may provide financial resources to help clients work toward their goals (e.g., medication, driver’s license fees, birth certificates) to help them overcome barriers to obtaining housing and to obtain benefits. Some residents move home safely with protective orders. Shelter staff meets regularly with clients throughout their stay to support them in preparing for their chosen next steps.

If renewal funding is being requested, explain how the project continues to meet a community need. If expansion funding is being requested, explain how the additional funds will increase system capacity and justify the community need for additional capacity. (Character Limit: 3,000)

Empowerhouse shelters homeless survivors of domestic violence (DV) and their children in PD16. In 2015, Empowerhouse housed 25% (272) of the total area homeless population sheltered and, in 2018 increased to 318 made possible through the help of our community. We expanded and relocated the Empowerhouse DV shelter in FY17 after much needed expansion of a home that had been built 30 years ago. The former shelter no longer kept pace for the number of people who needed it (per high rate of area population growth) and its heavy duty use. Children are sheltered with adults as DV victims are forced to uproot their children when confronted with violence and abuse. As with all shelters serving the FRCoC, Empowerhouse attempts to divert anyone requesting shelter from becoming homeless. Callers to the 24-hour DV hotline (1,546 calls-FY18) have a number of needs and, as part of their safety planning, our DV shelter is explored. If they are seeking quick exit from the abusive situation or wish to leave their current residence, we explore all safe options including social supports of family and friends, FRCoC prevention, and protective orders.

A major criterion for requesting shelter and becoming homeless for our population is leaving an unsafe DV situation. If they define their current residence as unsafe and the only step that will increase their safety is coming to the shelter, every effort is made to make shelter available. With the new shelter in place and the unit of independent shelter, we were able to receive all local requests for safe shelter except for 2 last year. The average daily census was 26; and every effort is made to not exceed 30 at one time due to staffing capacity. When we opened the new shelter, we were able to add 1.3 new FTE staff (including overnight and after hours coverage) thanks to other funding sources to ensure 24 hour coverage and to aid in responding to the 50% increased population. Our goal continues to be sheltering all unsafe DV survivors and their children needing it and supporting them with the case management needed to help them move to permanent housing quickly. In FY18, 157 households (53% unaccompanied singles) resided temporarily (average 28 days) in the Empowerhouse shelter and our population experiencing substance abuse, severe mental illness, and other disabilities increased. Of the 212 households (357 people) who exited the DV shelter last year, 109 households exited to permanent housing.

Empowerhouse assists over 3,600 people each year through all of its programming and reached over 4,000 teens in area classrooms last year with education. Area law enforcement responds to over 6,300 DV calls on average annually. The shelter is serving the victims and their children who become homeless as a result of DV. The services are voluntary, trauma informed, aim to increase safety, and seek permanent housing solutions that are safe for each sheltered victim as desired per their individualized self driven plan.

Please indicate the breakdown of household types targeted by this project:

	Renewal	Expansion
Households with Children	50%	%
Households without Children	50%	%
Total	100%	100%

Certify that the project will adhere to the *FRCoC Coordinated Entry Policies & Procedures*, including the following requirements of the document:

X Follow the Housing First model

X Participate in the FRCoC Coordinated Entry Process and/or the Victim Service Coordinated Entry Process (including coordinated assessment for shelter/prevention and prioritization for rapid re-housing)

X Adhere to established project standards (including *FRCoC Rapid Re-Housing Policies & Procedures*)

X Collect data through HMIS or a comparable database

What percentage of households will be served through the Victim Service Coordinated Entry Process (including coordinated assessment for shelter/prevention and prioritization for rapid re-housing)?

	Renewal	Expansion
Households Served through Victim Service Coordinated Entry Process	100%	%

Provide the following data. These numbers will be used to calculate anticipated number of households served by the project.

	Renewal	Expansion
Number of FTE Case Managers Dedicated to Project (could be fraction)	.6	

Ideal Caseload for 1 FTE Case Manager	40
Average Length of Stay for Project Participants	28
Average Financial Assistance Cost per Household (RRH/Prevention Only)	N//A
Shelter Beds for Households without Children (Shelter Operations Only)	9
Shelter Beds for Households with Children (Shelter Operations Only)	25
Shelter Units for Households with Children (Shelter Operations Only)	7

Is there any unresolved monitoring or audit findings for any grants operated by the applicant or potential subrecipients? If yes, please explain. (Character Limit: 1,000)

Yes X No

Attachments (once per agency)

X Organizational Certifications and Assurances

X Board of Director Listing(s)