



FREDERICKSBURG REGIONAL
CONTINUUM OF CARE

Discharge Planning Meeting

Date: May 16, 2019

Time: 1:00 PM

Location: George Washington Regional Commission

MEETING CALLED BY	Sam Shoukas (GWRC)
TYPE OF MEETING	Initial Meeting
NOTE TAKER	Sam Shoukas
ATTENDEES	Kathy Anderson (Empowerhouse) David Cooper (Thurman Brisben Center) Timothy Gammel (Caroline DSS) Christa Holbrook (VADOC) Maryann Kane (Fredericksburg DSS) Leslie Martin (University of Mary Washington) Christopher Perdue (Fredericksburg Police Department) Peg Phillips (Micah Ecumenical Ministries) Sam Shoukas (GWRC)
ABSENT	Kim Mitowski (Mary Washington Hospital) Patricia Newman (Rappahannock Area Community Services Board) Juanita Shanks (FailSafe-ERA) Samantha Stevens (Mary Washington Hospital/Spotsylvania DSS) Tammy Torres (Empowerhouse) Marshall Williams (VADOC)

DISCUSSION	
Introduction	
Survey Results	<ul style="list-style-type: none"> Since the last meeting, CoC staff sent out a survey to receive feedback on the CoC action steps identified during the 2014 strategic plan in regards to discharge planning. The survey received 5 responses. All responses were from different agencies and all from

staff dealing directly with the actual discharge of clients.

- The top most important goals identified were :
 1. Training and resources
 2. Policies and Procedures
 3. Mental Health

Goals Moving Forward

- The group discussed working on the following areas related to the top goal identified in the survey:
 - **Cross Training**- providing training to frontline workers on the resources available in the community – CoC staff will provide information training on Homelessness Helpline and other areas of support to staff at hospitals, police department, jails, prisons, DSS, etc.
 - **Resource Guides**- developing a short guide for the quick numbers for those exiting an institution to have about the most important places to go/call
 - **Community outreach/education**- engaging the general community as well as elected officials in the work of the agencies around homelessness and the impact that it has on other community systems and community members.

Homelessness Helpline Information

- CoC staff shared short presentation on the homelessness helpline so that all agencies are aware of the number and how to access it. The presentation also provided expectations and process to accessing shelter and housing from the helpline.

Next Meeting: August 15, 2019 at 1pm at GWRC

CONCLUSION		
ACTION ITEMS	PERSON(S) RESPONSIBLE	DEADLINE