



FREDERICKSBURG REGIONAL  
CONTINUUM OF CARE

**System Planning Committee Meeting**

**Date:** November 20, 2019

**Time:** 3PM

**Location:** George Washington Regional Commission

<b>MEETING CALLED BY</b>	Sam Shoukas (GWRC)
<b>TYPE OF MEETING</b>	Monthly Meeting
<b>NOTE TAKER</b>	Sam Shoukas
<b>ATTENDEES</b>	Kathy Anderson (Empowerhouse) Tammy Torres (Empowerhouse) Linnea Albrycht (Loisann's Hope House) Tara Best (Loisann's Hope House) Cait Woodward (Loisann's Hope House) Meghann Cotter (Micah) Kim Lally (TBC) Dave Cooper (TBC) Christian Zammas (Individual) Nancy Price (Rappahannock Area Community Services Board) Sam Shoukas (GWRC)
<b>ABSENT</b>	Angie Sullivan (Empowerhouse) Lori Yelverton (Micah) Peg Phillips (Micah) Lisa Crittenden (Loisann's Hope House) Michelle Patton-Swisher (Spotsylvania County Schools) Joe Wiggins (Rappahannock Area Community Services Board) Brooke Pendleton (VA) Michele Porter-Will (Volunteers of America) Anne Marie (AmeriCorps VISTA)

<b>DISCUSSION</b>	
<b>Introductions</b>	

### **Approval of October 16, 2019 Minutes**

- Kim Lally moved to approve the minutes and Linnea Albrycht seconded the motion. The motion carried unanimously.

### **Targeted Prevention Program Standards**

- Staff presented draft of the program standards drafted by Anne Marie and the prevention working group. The committee went through the document by each section and made comments. Kathy Anderson motioned to release the document for public comment and the motion was seconded by Lori Yelverton. The motion carried unanimously.
- The committee also discussed the challenges around who is served with prevention funding and how the community is able to know that they are preventing someone's homelessness episode.

### **DV Referral Process**

- Anne Marie and Empowerhouse have drafted a more formal referral process for survivors of DV to be connected to Empowerhouse services. Given the increased interaction between partners regarding potential DV clients, Empowerhouse wanted to provide some guidance around how and when to connect.
  - If staff feels that there is a DV issue, but client denied it? Still reach out for support from Empowerhouse staff and a visit can be set up to talk with client if willing. More effective to have staff there and ask "will you talk with them" vs. asking permission to invite.
  - If client and abuser are inseparable? Empowerhouse is able to meet client wherever and it goes from willingness to finding opportunities to connect.
  - Possibility of monthly visits at the partner sites to offer discussions with clients?
  - Possibility of workshops on power and control for clients?

### **Upcoming Training**

- Training on state sponsored healthcare has been scheduled for 12/12, but date is likely to change to 12/11.
- Other trainings needed:
  - Trauma-informed care – Nancy will assist in seeing if RACSB can provide
  - Workplace Safety/De-escalation - Nancy will assist in seeing if RACSB can provide
  - DV Training – CoC staff will work with Empowerhouse to set up this training
  - Motivational Interviewing
  - Self-Care

### **Agency Discussions**

- There were no agency level discussions needed at this time.

**Next meeting is scheduled for December 18, 2019 at 3 pm.**