



## **Empowerhouse Board of Directors Board Terms July 2020**

### **Laura Thessin - President**

Board term July 2020- May 2023  
13580 Groupe Drive, Suite 301  
Woodbridge, VA 22192  
Vice-President, Corporate Services  
The Engineering Groupe, Inc.  
703-670-0985;1134

### **Teresa Davis- Vice President**

Board term July 2019- May 2022  
990 Bragg Rd.  
Fredericksburg, VA 22407  
Associate Broker  
Coldwell Banker Elite  
H: 540-548-2220 ext 454

### **Tracy Mallory- Treasurer**

Board term July 2018- May 2021  
11713 Elsie Lane  
Fredericksburg, VA 22407  
Senior Cost Analyst II  
ManTech  
H: 540-322-9702

### **Patricia Jackson - Co-Secretary**

Board term July 2020- May 2023  
3707 Carlyle Ct  
Fredericksburg, VA 22408  
Business Analyst- SAIC  
C: 540-621-8811

### **Chrishelle Eugene - Co Secretary**

Board term July 2019- May 2022  
Owner  
Molly Maid of Stafford/Fredericksburg  
411 Chatham Heights Road, Suite 121  
Fredericksburg, VA 22405  
C: 540-841-0243

### **Lori Canova-Immediate Past President**

Board term July 2018-May 2021  
1806 College Ave.  
Fredericksburg, VA 22401  
M&T Bank  
C: 540-760-4227

### **Dr. Jennea Correia**

Board term July 2020- May 2023  
95 Twinleaf Dr.  
Stafford, VA 22556  
Associate Medical Director  
Spotsylvania Regional Medical Center  
Emergency Department  
C: 347-661-1612

### **Paul Eakin**

Board term July 2020 - May 2023  
1404 Prince Edward Street  
Fredericksburg, VA 22401  
Commercial Real Estate Broker  
C: 540-846-5270

### **Denny Fallon**

Board term July 2019- May 2022  
94 Sentinel Ridge Lane  
Stafford, VA 22554  
Retired - Lockheed Martin  
H: 540-699-5233

### **Rita Girard**

Board term July 2020- May 2023  
Retired; Part time hair-stylist; Transformational  
life coach/facilitator in-training  
8629 White Fox Circle  
Spotsylvania, VA 22553  
C: 540-207-1963

**Byron Glaser**

Board term July 2018- May 2021

Owner/ Designer

Higashi/Glaser

524 Wolf Street

Fredericksburg, VA 22401

W: 540-372-6441

[byron@zolo.com](mailto:byron@zolo.com)

**Kathleen Harrigan**

Board term July 2018- May 2021

1309 Payne St

Fredericksburg, VA 22401

Retired-SAIC and Executive Director

Friends of the Rappahannock

C: 540-372-6649

**Melanie Rice**

Board term July 2020- May 2023

205 Creekside Drive

Locust Grove, VA 22508

Attorney

Nichols Zauzig

W: 703-492-4200

**Chris Rooney**

Board term July 2019 - May 2022

104 Camden Drive

Fredericksburg, VA 22405

Retired Senior Vice President

AT&T Worldwide Customer Service

Retired Marine Lieutenant Colonel

H: 540-373-5020

**Dr. Robert Sikora**

Board term July 2020- May 2023

Doctor/Owner

Virginia Center for Allergy and Asthma

1708 Fall Hill Ave., Suite 201

Fredericksburg, VA 22401

W: 540-899-1991



## Current Board Members 2021 – 2022

<b>Officers</b>	
<b>President</b> Ernisha Hall, <i>2020 - present</i> 1808 Sag Harbor Lane Fredericksburg, VA 22401 (917) 680-6496 <a href="mailto:ernisha@nirayllc.com">ernisha@nirayllc.com</a>	<b>Vice President</b> Patricia Bolen, <i>2019 - present</i> 1216 Payne Street Fredericksburg, VA 22401 (864) 377-1080 <a href="mailto:patriciaalicebolen@gmail.com">patriciaalicebolen@gmail.com</a>
<b>Treasurer</b> Josue Rivera-Orellano, <i>2019 - present</i> 9319 Birch Cliff Drive Fredericksburg, VA 22407 (787) 914-1856 <a href="mailto:Josue.arnel@gmail.com">Josue.arnel@gmail.com</a>	<b>Secretary</b> <i>Vacant - Operations Coordinator currently fills this position's functional role</i>
<b>Members</b>	
Philip Brown, <i>2014 - present</i> 22 Scotland Circle Stafford, VA 22554 (540) 760-8938 <a href="mailto:philip.brown@mwhc.com">philip.brown@mwhc.com</a>	Joshua Cole, <i>2020 - present</i> 1138 James Madison Circle Fredericksburg, VA 22405 (540) 842-6870 <a href="mailto:joshua@jgcole.org">joshua@jgcole.org</a>
Mike King, <i>2006 - present</i> 5713 W Kesslers Crossing Fredericksburg VA 22407 (540) 786-4000 <a href="mailto:Mike6509@aol.com">Mike6509@aol.com</a>	Meghan O'Connor, <i>2012 - present</i> 1431 Franklin Street Fredericksburg, VA 22401 (540) 372-9661 <a href="mailto:meghanoconnor@hotmail.com">meghanoconnor@hotmail.com</a>
Dennis D. Parsons, Ed.D., <i>2009 - present</i> 8304 Canteen Circle Fredericksburg, VA 22407 (540) 842-1409 <a href="mailto:ddparsons@aol.com">ddparsons@aol.com</a>	



**LOISANN'S HOPE HOUSE  
2020-2021 BOARD OF DIRECTORS**

**Mike Adams**

JON Properties, LLC  
900 Princess Anne St.  
Fredericksburg, VA 22401  
(540) 657-5404 W  
[madams@jonproperties.com](mailto:madams@jonproperties.com)  
Term 2020-2023

**Heather Cohen**

ILM Corporation  
1550 Jefferson Davis Hwy.  
Fredericksburg VA 22405  
(540) 850-0962  
[heather@ilmcorp.com](mailto:heather@ilmcorp.com)  
Term 2019 – 2021

**Adam Fried, Chair**

Atlantic Builders  
CEO  
1975 Jefferson Davis Hwy  
Fredericksburg, VA 22401  
(540) 891-8540 W  
[adam@atlanticbuilders.com](mailto:adam@atlanticbuilders.com)  
Term 2020 - 2021

**Crystal Harmon**

Federal Government  
(571) 214-1431 C  
[boardlife99@gmail.com](mailto:boardlife99@gmail.com)  
Term 2020 -2023

**Walt Kiwall**

Kiwall Business Services  
Co-owner  
23 Walnut Farms Parkway,  
Fredericksburg, VA 22405  
(540) 424-6459 C  
(540) 479-3909 H  
[Cyberwalt@msn.com](mailto:Cyberwalt@msn.com)  
Term 2018 – 2021

**Howard Owen**

Stafford Printing  
Owner  
649 Lancaster St.  
Fredericksburg, VA 22405  
(540) 659-4554 W  
(703) 628-9159 C  
[howen@staffordprinting.com](mailto:howen@staffordprinting.com)  
Term 2020 -2021

**Cassie Payne**

Pfizer Vaccines  
1601 Franklin Street  
Fredericksburg, VA 22401  
(703) 501-1151 C  
[Cassie.Payne@pfizer.com](mailto:Cassie.Payne@pfizer.com)  
Term 2020 -2021

**Janny Sims**

Long and Foster Realty &  
Christie's International  
1910 William Street  
Fredericksburg VA  
(540) 429-9920 C  
[janny.sims@longandfoster.com](mailto:janny.sims@longandfoster.com)  
Term 2019-2021

**Beth Sinkler, Secretary**

Maximus  
Senior Quality Manager  
45 Cannon Ridge Drive,  
Fredericksburg, VA 22405  
(703) 624-9496 C  
(540) 899-3673 H  
[bethjewelry@yahoo.com](mailto:bethjewelry@yahoo.com)  
Term 2020 -2021



**LOISANN'S HOPE HOUSE  
2020-2021 BOARD OF DIRECTORS**

**Jeff Small**

Rio Carwash, Owner  
City of Fredericksburg Circuit Court Clerk  
903 Williams Street  
Fredericksburg, VA 22401  
(540)379-8759  
[riocarwash@gmail.com](mailto:riocarwash@gmail.com)  
Term 2020 -2021

**Mike Trivett**

Trivett Ashley Furniture  
9351 Northeast Drive  
Fredericksburg, VA 22408  
(540)846-5590  
[mtrivett@trivetts.com](mailto:mtrivett@trivetts.com)  
Term 2020 -2023

**Thomas Tomzak, M.D.**

Rappahannock Area Health District  
1218 Sophia Street  
Fredericksburg, VA 22401  
(540) 207-7899 C  
[ttomzak@cox.net](mailto:ttomzak@cox.net)  
Term 2020 -2021

# Micah Ecumenical Ministries, Inc.

# Board Contact List-2020

Affiliation	Name	Phone	Term	Occup.	Committee	E-Mail	Address
At Large	Rick Caporali Treasurer	373-6401	2019-2022	St. Bernadette <i>Finance Director</i>	Finance-Chair	rcaporali@stmaryfred.org	8321 Old Mill Ln, Spotsylvania, VA 22551-3308
FUMC	Josh Hagstrom	540-373-9021	Annual	Clergy	Personnel	pastorjosh@fumcva.org	308 Hanover St. Fredericksburg, VA 22401
St. George's Episcopal	Mary Jane O'Neill	540-842-0806 540-899-6543	2018-2021	Property Manager	Community Relations, Personnel-Chair	mjpon@aol.com	707 Kenmore Ave, Fredericksburg, VA 22401-5724
Fredericksburg Baptist	Fred Rankin	741-1414	2019-2022	Retired MWH, <i>CEO</i>	Chair (ex-officio on all)	fred.rankin@cox.net	4 Derby Dr, Fredericksburg, VA 22405-3315
Christ Lutheran	Anne Jones-Martin	540-373-5087	Annual	Clergy	Community Relations, Ministry-Chair	anne@christ-lutheran-church.org	1300 Augustine Ave, Fredericksburg, VA 22401
Christ Lutheran	Lew Doggett	540-371-7793 703-628-3010	2017-2020	Counselor	Governance, Ministry	lewislew3388@netzero.net	515 Woodford St, Fredericksburg, VA 22401-4432
The Presbyterian Church	Jan Erkert	412-5360 273-7474	2019-2022	Spangler Erkert + <i>Public Relations Counselor</i>	Community Relations-Chair	JanErkert@SpanglerErkert.com	11705 Legacy Woods Dr, Fredericksburg, VA 22407-3701
Fredericksburg UMC	Clay Murray	540-798-7713	2018-2021	Real Estate	Governance, Ministry	clay@claymurray.com	18 Marshall Place, Fredericksburg, VA 22405
St. Mary's Roman Catholic	Dick Delio	508 740-7733	Annual	Clergy	Finance	ddelio@yahoo.com	100 Washington St, Locust Grove, VA 22508-5234
Trinity Episcopal	Tom Williams Secretary	373-3172	2017-2020	Franklin Williams & Cowan <i>Attorney</i>	Governance-Chair, Personnel	Twms321@gmail.com	11203 Mansfield Club Dr, Fredericksburg, VA 22408-2058
Shiloh (old site)	Ritta Armstead	540-710-2504 540-220-0550	2017-2020	Information Technology, MWH	Personnel, Ministry	rmahiu89@verizon.net	9411 Andrews Mill Lane, Fredericksburg, VA 22408
Shiloh (new site)	Arthur Patterson	865 386 6484 (c) 540 898 0424(h)	2018-2021	Retired Military and Teacher	Community Relations	Atpatt44@gmail.com	10009 Hazelnut Ct Fredericksburg VA 22407

St. Mary's Catholic Church	Joanie Alberto	540-903-0485	2019-2022	Volunteer	Community Relations	jba0403@gmail.com	2 Jenny Lynn Rd, Fredericksburg, VA 22405-5769
Executive Servant-Leader	Meghann Cotter	479-4116 x13				meghann@dolovewalk.net	1222 Brent St. Fredericksburg, VA 22401